



GUIDELINES FOR PRAYER

Loving like the Trinity

September 10-16, 2018

General Theme:

The Holy Trinity within us and the Exercise of Fraternal Love

General Objective:

To live in the ordinary the extraordinary presence of the Holy Trinity in us

Objective of the week:

To learn how to love and build up our relationships, looking at how the Trinity relates to each other

INTRODUCTION

Living with the Trinity helps us to be gradually grounded in faith in this constant and intimate relationship with them. Our confidence through faith and openness in our constant dialogue with the Trinity brings us to experience daily this intimate and loving relationship with them, making us witnesses of the profoundness of God's love for us.

The Trinity is a mystery of love and communion. This week, let us contemplate the Trinitarian relationships: how the Father relates with the Son and with the Holy Spirit, how is unity built in diversity, and learn from them how we can build healthy relationships as well especially in the family, work, and community.

How does living with the Trinity help us to build relationships in love and freedom from envy, jealousy, selfishness; in respect and reverence with each other; and in building communion, unity in the difference. How are my relationships?

To live with the Trinity is to be in a daily constant school of love until we learn to love like them and with them.

MONDAY

Fortunate are you

Matthew 13: 10-17

¹⁰ Then the disciples came to Jesus and asked him, "Why do you use parables when you talk to the people?"

¹¹ Jesus answered, "The knowledge about the secrets of the Kingdom of heaven has been given to you, but not to them. ¹² For the person who has something will be given more, so that he will have more than

enough; but the person who has nothing will have taken away from him even the little he has. ¹³

The reason I use parables in talking to them is that they look, but do not see, and they listen, but do not hear or understand. ¹⁴ So the prophecy of Isaiah applies to them:

"This people will listen and listen, but not understand; they will look and look, but not see, ¹⁵ because their minds are dull, and they have stopped up their ears and have closed their eyes. Otherwise, their eyes would see, their ears would hear, their minds would understand, and they would turn to me, says God, and I would heal them."

¹⁶ "As for you, how fortunate you are! Your eyes see and your ears hear. ¹⁷ I assure you that many prophets and many of God's people wanted very much to see what you see, but they could not, and to hear what you hear, but they did not.

"There are no bad persons; there are only those who are ignorant of the love of God for them." Fr. Jaime Bonet

Romans 5:5

For the love of God has been poured into our hearts through the Holy Spirit, who is God's gift to us.

Our relationship with the Trinity as Jesus' disciples opens our hearts and minds to the understanding of God's love within us. Yet not all are able to find this kind of relationship with the Trinity nor are they able to discover and see this treasure within. The Holy Trinity constantly calls us to be in this intimate relationship with them.

In my daily life, am I allowing myself to be sensitive to the voice of the Love within me?

TUESDAY

May they all be one

John 17: 20-23

²⁰ "I pray not only for them, but also for those who believe in me because of their message. ²¹ I pray that they may all be one. Father! May they be in us, just as you are in me and I am in you. May they be one, so that the world will believe that you sent me. ²² I gave them the same glory you gave me, so that they may be one, just as you and I are one: ²³ I in them and you in me, so that they may be completely one, in order that the world may know that you sent me and that you love them as you love me.

The love of the Holy Trinity transcends human conditions. It is a love that desires communion. Only when we experience what it is to be loved by the Trinity can we learn to love as they do. The Trinity's presence in us is marked by the love present in us.

*Am I convinced of God's love for me?
In which particular moment in my reality
now does the Holy Trinity move me to seek*

communion through loving?

WEDNESDAY

You belong to God who is Love

The Most Holy Name of Mary

1 Cor 6: 18-20

¹⁸ Avoid immorality. Any other sin a man commits does not affect his body; but the man who is guilty of sexual immorality sins against his own body. ¹⁹ Don't you know that your body is the temple of the Holy Spirit, who lives in you and who was given to you by God? You do not belong to yourselves but to God; ²⁰ he bought you for a price. So use your bodies for God's glory.

Living with the Trinity is to live with the love of God in us and from within us, building up healthy relationships in their love –the kingdom among us.

The Trinity within us is the presence of God's kingdom. How do we establish our love to God and to others?

THURSDAY

Happy are you in His Love

(Memorial of St. John Chrysostom,
Bishop, Doctor)

Matthew 5:3

“Happy are those who know
they are spiritually poor;
the Kingdom of heaven
belongs to them!

Matthew 10:7-8

⁷ Go and preach, ‘The Kingdom of
heaven is near!’ ⁸ Heal the sick,

bring the dead back to life, heal
those who suffer from dreaded
skin diseases, and drive out
demons. You have received
without paying, so give without
being paid.

The Holy Trinity within us
empowers us to proclaim the
Kingdom of heaven. The blessings
we receive are meant to be shared
through our relationships with
others, allowing more space for
God to live and reign in our hearts.

*Do I consider myself to be poor in spirit?
How does my poverty inspire me to
share the Kingdom of heaven to others?*

FRIDAY

The Kingdom of Love within you

(Feast of the Exaltation
of the Holy Cross)

Luke 17:20-21

²⁰ Some Pharisees asked Jesus
when the Kingdom of God would
come. His answer was, “The
Kingdom of God does not come in
such a way as to be seen. ²¹ No
one will say, ‘Look, here it is!’ or,
‘There it is!’; because the Kingdom
of God is within you.”

The Kingdom of God is present
within each and every one of us.
Living in the Kingdom of God is
living in relationships bonded by His
love.

*Knowing that God's kingdom is in me
and in others, how can I truly live and*

*love myself and others that they too may
grow in this kingdom of Love? In what
ways can I proclaim it to the people
I meet?*

SATURDAY

Build your life in love

(Our Lady of Sorrows)

Phil 2: 1-11

¹ Your life in Christ makes you
strong, and his love comforts you.

You have fellowship with the
Spirit, and you have kindness
and compassion for one another.

² I urge you, then, to make me
completely happy by having the
same thoughts, sharing the same
love, and being one in soul and
mind. ³ Don't do anything from
selfish ambition or from a cheap
desire to boast, but be humble
toward one another, always
considering others better than
yourselves. ⁴ And look out for one
another's interests, not just for
your own. ⁵ The attitude you
should have is the one that Christ
Jesus had:

⁶ He always had the
nature of God,
but he did not think that by
force he should try to remain
equal with God.

⁷ Instead of this, of his own free
will he gave up all he had,
and took the nature
of a servant.

He became like a human being
and appeared in human
likeness.

⁸ He was humble and walked the
path of obedience
all the way to death—
his death on the cross.

⁹ For this reason God raised him to
the highest place above
and gave him the name that is
greater than any other name.

¹⁰ And so, in honor of the
name of Jesus
all beings in heaven, on earth,
and in the world below
will fall on their knees,
¹¹ and all will openly proclaim that
Jesus Christ is Lord,
to the glory of God the Father.

Unity in humility entails kenosis, that is
self-emptying, self-giving, and letting
go of self for the sake of communion.
The Trinity inspires us to live life for
one another's interest with the
attitude that Christ showed: humility
and kindness. It is our self-giving which
builds long and lasting relationships
with God and our neighbors.

*How am I building my relationship
with others?*

SUNDAY

24TH SUNDAY IN ORDINARY TIME

1 st Reading	Isaiah 50: 5-9
Responsorial Psalm	Psalm 114
2 nd Reading	James 2: 14-18
Gospel	Mark 8: 27-35