

# Verbun Dei

## GUIDELINES FOR PRAYER

# Love Goes Out to Meet You

March 4-10, 2019

### General Objective:

To be led to the source of this love we're looking for and discover our genuine identity as a Child of God

To discover the heart of God as our Father, recognizing His unconditional love for all His children

## INTRODUCTION

We have been reflecting on this truth of faith that our life is meant for love. In God did we find this fatherly love, who is the source of this life and love.

As we begin this month's prayer, let us bear in our hearts that God has a face, that face of love of a Father who goes out to our encounter to meet us. As Christian believer, we address God by calling him above all 'Father.'

Pope Francis in his catechesis on God as our Father invites us that we can stay all the time in prayer with that word alone: 'Father' and to find the richness of having a father: not a master or a stepfather as we focus on the depth of His personal love for each person found within God's fatherhood.

This coming Wednesday is Ash Wednesday, the start of the Lenten Season. It is a time for greater love, time to acknowledge once more that God is our Father who knows our every prayer and sees our every action. He loves us for who we really are.

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Think of how much God loves us by calling us his own children. Many have experienced being disowned by their own family. Yet our identity as God's children does not change regardless of what kind of person we are nor which family we come from. Even if we stray far away from His teachings, He will welcome us with open arms when we realize our mistakes and come home to Him out of love. We can show the world how God became a father to us by the way we live our life.

**Do I see myself as a child of God? How am I grateful to him? where does it lead me this reality of my being His child?**

**WEDNESDAY**  
**(Ash Wednesday)**

**A Father who leads us closer to His Heart**

*Mt.6:6 But when you pray, go to your room, close the door, and pray to your Father, who is unseen. And your Father, who sees what you do in private, will reward you.*

In front of God, we are assured that we have a father who is always there to listen who knows

**In what experiences have I witnessed God as a father to me? What am I asking God for in my life? Do I come to him with a sincere heart?**

**THURSDAY**

**A Father who Saves Us**

*Is 63:16 You are our father. Our ancestors Abraham and Jacob do not acknowledge us, but you, Lord, are our father, the one who has always rescued us.*

*Mt. 7:11b How much more, then, will your Father in heaven give good things to those who ask him!*

Trust nowadays is easily broken in relationships with family and friends. But in our struggles and brokenness, we have a Father who comes to us, shows us his love and saves us from complete distress, through the people we meet and the situations we are in. Behind the heart of every helpful person is the hand of God guiding their hearts and minds to help us in any way.

**Were there times when I find myself incapable of surpassing a very challenging situation? Do I ask the Father to help me receive the grace I need to overcome this situation?**

**FRIDAY**

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