Verbum Dei Family in CDO



"I will also make You a light of the nations So that My salvation may reach to the end of the earth."

Is. 49,6



VDMFa CDO General Assembly.

The family of Verbum Dei Cagayan de Oro gathered for its 2016 General Assembly attended by around 40 committed disciples to evaluate the projects from 2014 and 2015, and together proposed projects in line with our objective 'To Form Apostles' in the context of Apostolic Formation, Organization and Structure, Accompaniment and Missionary Expansion.

It was a wonderful moment to start with the guidelines given by one of the disciples emphasizing what is the dream of God for the family of Cagayan de Oro, to recognize the gifts of each one that we can offer to the community instead of lamenting over the gifts that we don't have and finalizing it with the invitation to be open to the Holy Spirit and not to be afraid to proposed, followed by a short time of prayer; The different realities and apostolates presented their activities for everyone to know what they are doing, and their own analysis about the things they can improve; Presentation of the survey questionnaire the disciples were asked to answer weeks prior to the assembly to see and judge how the community of CDO can act in terms of the four elements; The whole afternoon was spent in four groups to review the needs in each area and suggest proposals to ensure that these needs will be given attention.

MISSIONARY COMMUNION

A beautiful way to understand the will of God is when the missionary communion is exercised by all, thus bringing a wonderful fruit of humility and openness how the VD family of Cagayan de Oro can continue and grow in the middle of the challenges.

MISSIONARY EXPANSION

"After this the Lord appointed seventy-two others and sent them two by two ahead of him to every town and place where he was about to go. 2 He told them, "The harvest is plentiful, but the workers are few. Ask the Lord of the harvest, therefore, to send out workers into his harvest field." Lk. 10,1-2

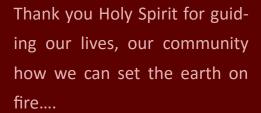
Pentecost 2016

"I have come to set the earth on fire" Luke 12: 49

ris this year's Pentecost celebration theme, and indeed it brought fire to the hearts of the people who were present. The Couples, Singles and Youth had their session at CU Multipurpose hall while the teenagers and kids reality had separate sessions in the nearby Audio Visual Rooms but at the end of the day everybody had a Spirit-filled Sunday last May 15, 2016 in Capitol University, CDO.

The people were welcomed by one of the disciple, introducing the theme with the objective to discover that everyone has the fire of the Holy Spirit within, followed by the talk of conversion allowing the people to understand why we lose the fire of the Holy Spirit in our day-to-day life in the family, community, society?... and why in many instances we want to avoid the fire of the Holy Spirit? Another way to better understand better the

gift of the Holy Spirit is the simultaneous workshop per group with the intention to discover the invitation of the Holy Spirit as to where each member of the body of Christ can best serve to share the fire with others and to keep that fire within by discerning where is my place in the many ways to do the mission.











Discernment Course couples visit CDO

Last May 21-22, 2016, the Discernment Course couples gathered in Cannosa Retreat House in CDO for their monthly meeting. It was attended by the 10 couples from Cebu, 2 from CDO along with the 5 Missionary Married Couples, Mico, Gabby and James . It was a fruitful and a learning experience as the sessions were focused on Families evangelizing other families.

Witnessing for other families means to believe in your own marriage and family testimonies as the couples showed their own family history, in it we were able to see how God has been working from the very beginning. Celebrating this discernment weekend in moment of Trinity Sunday 2016, the guidelines given by Adriana in its main passage of Genesis 28:1-15 manifest that the Trinity passes by in the realities of every family performing many miracles. Fr. James gave the overview of the new Encyclical letter of Pope Francis 'Amoris Laetitia' emphasizing the complexity of family

realities around the world, helping the couple also how to appreciate the reading as advised by Pope Francis to read it slowly and taking it into heart. Finally, Mico gave the formation on the identity as Verbum Dei.

What a wonderful weekend full of love, and lots lots of LOVE.

The Joy of Love experienced by families is also the iov of the Church. As the Synod Fathers noted, for all the many signs of crisis in the institution of marriage, "the desire to marry and form a family remains vibrant, especially among young people, and this is an inspiration to the Church".1 As a response to that desire, "the Christian proclamation on the family is good news indeed' **Amoris Laetitita 1**





SPIRITUAL EXCERCISES MARRIED COUPLES BRANCH IN CDO

The Couples Branch of the VDMF had their annual Spiritual Exercises last May 22-30, preached by Alfonso & Adriana Martinez and Fr. James Mc Tavish. The sisters welcoming us in Betania Retreat House in Cugman, CDO

"The Spiritual Excercises deepens more on our consecration as Missionary Married Couples after almost one year after the 1st temporal bonds. The guidelines talks about the exercise of the evangelical counsels in the day-to-day life as consecrated couples with mission in marriage, family, apostolates, theological studies and challenges as well.

To be able to consecrate ourselves is to remember always 'Love the Lord your God with all your heart and with all your soul and with all your strength' (Deut 6:5)

"For their sake,
I consecrate
myself"

John 17:19.

ALMOST ONE YEAR AGO, WE HAD OUR
FIRST BONDS, AND WE CONTINUE, THANK
YOU FOR YOUR PRAYERS

